

❖ In the . . . KNOW! ❖

Volume 1 Issue 145

March 2009



Chaplain's Corner

*"Do a deed of
simple kindness,
though its end
you may not
see; It may
reach, like
widening ripples,
Down a long
eternity."*

- Norris



**Happy St. Patrick's
Day
17th March 2008**



MANNHEIM
CONSISTENT EXCELLENT SERVICE

Visit our Web Site
<http://home.mannheim.army.mil/sites/local/>

Tell Me a Story. The Mannheim Elementary School will be hosting Tell Me a Story (TMAS) on Sunday, March 8, 2009, starting at 3 p.m. The Senior Commander, BG Jeffrey Smith, Jr. will read Mercedes and the Chocolate Pilot. Hands-on activities, snacks, and a fun learning experience will be provided. This special event is geared towards families with children between ages 4-12. Spaces are limited and by pre-reservation only. Mannheim-tmas@hotmail.com <<mailto:Mannheim-tmas@hotmail.com>> to reserve a place for you and your family.

CYS Services Closures. All CYS Services Programs/Facilities will be closed on 13 March for training. Facilities include the following: Child Development Center, School Age Services, Family Child Care, Youth Services, Youth Sports & Fitness, Central Enrollment & Registration, and School Liaison Services. Mannheim CYS Services apologize for any inconvenience. For additional information, please call DSN 385-3550 or CIV 0621-730-3550

Spring Benefit Concert. The Mannheim German-American Women's Club annual spring benefit concert with the Mannheim Police Band will take place Sunday, March 15, at 4 p.m. at the Festhalle Baumhain" in Luisenpark in down-town Mannheim. Tickets are Euro 10.00 and include park admission. Interested personnel are asked to contact Suzanne Smith at civ. (0621) 718-3886, Frank SchleeHuber at DSN 380-5021 or Christine Gebhard at DSN 385-3886.

Women's History Month. The Mannheim Community celebrates it's annual Women's History Event on 17Mar. @ 1300 -1400 hours in the Top Hat Club on Sullivan Barracks. Community members are invited to come an participate . For more Info call DSN 385-3055 or CIV 0621-730-3055

Community Spring Cleanup 6 Apr-8 May 2009



Lets make our
Community a nice
Place To Live :)

06 -10 Apr	Coleman Barracks
13-17 Apr	Friedrichfeld
20-24 Apr	Taylor & Sullivan Barracks
27-01 May	Spinelli Barracks
04-08 May	Funari Barracks
06 May	BFV Housing Area & Barracks Living areas.

- All military personnel residing in government quarters/barracks will be excused from duties on 6 May, 1200-1700hrs for the specific purpose of housing and barracks area cleanup and beautification.
- The inclement weather make-up day for BFV cleanup is 8 May. 2009.

Mannheim Mardi Gras Bazaar

Feb. 27- Mar. 1

It's shopping and Mardi Gras time in Mannheim! Come out to shop until you drop as various international vendors sell antiques, rugs, paintings, crystals, ceramics, wines, and much more. There will also be fun activities and great giveaways! Hours of operation are Fri., Feb. 27, 11 a.m. - 7 p.m.; Sat., Feb. 28, 11 a.m. - 7 p.m.; Sun., Mar. 1, 11 a.m. - 5 p.m.

Benjamin Franklin Village, Sports Arena, Bldg. 736; 385-3171/2653 or 0621-730-3171/2653

Winger's

Wraps Special: Take \$1 off all wraps including sticky finger wrap, southwest wrap, & the 7 layer wrap.
Benjamin Franklin Village, Bldg. 738; 380-9580 or 0621-730-9580

Primo's Express

Lunch & Bowl: Wed., 11 a.m.-1 p.m.

All active-duty Soldiers in uniform who order a combo meal receive a free bowling coupon.

Combo Meal Special: Buy 6 combo meals and the 7th is free!

Wednesday Special: 99¢ pizza & drink night (for Spouses of Deployed Soldiers- pick up your card from your FRG now!)

Family Day: Take a dollar off each large pizza during Thursday's Family Day!

Pizza to Go- Take a hot one home! Call ahead and get your pizza to go.

BFV Bowling Center- Benjamin Franklin Village; Bldg. 724; 380-9499 or 0621-730-9499

Comedy Show (attentive)

Top Hat Club

R&B Variety Friday hosted by DJ Spike: Mar. 6, 13, 20 & 27; 8 p.m.-1 a.m.

Variety Karaoke and 70's & 80's R & B Groove: Mar. 7, 14 & 28; 8 p.m.-4 a.m.

Blue Sunday: March 8 & 22, 5-9 p.m.

Enjoy a night of R&B Oldies, card/dominos games, & free food hosted by DJ Big Money.

Comedy After Dark: Mar. 13, 9 p.m.

Let a stateside professional comedian and band entertain you. Patrons must be 18 & older. Tickets are \$15 in advance & \$18 at the door.

Soul 2 Soul: Mar. 21, 7-9 p.m.

Board the party train with DJ Big Money and DJ Super Jam as they spin the best R&B music. (\$7)

TGIF Party: Every Fri. starting 5 p.m.

Free food & great tunes

Benjamin Franklin Village, Bldg. 738; 380-9370 or 0621-730-9370

The Cove

25¢ Taco Tuesday & Krazy Karaoke: Mar. 3, 10, 17, 24 & 31; 7-11 p.m.

History of Hip-Hop with DJ Pimp Flower: Mar. 5, 12, 19, 26; 8 p.m.-1 a.m.

Live Rock: Mar. 6, 10 p.m.

Featuring New York band Edison & local bands (\$3)

Rock Night: Mar. 6, 13, 20 & 27; 8-3 a.m.

Country Music Night: Mar. 6, 13, 20 & 27; 9:30 p.m.-3 a.m.

Featuring line dancing class (7:30-9:30 p.m.) & a rodeo bull (\$5)

No Limit Texas Hold'em Tournament: Mar. 6 & 20, 7 p.m.

Karaoke Night: Mar. 7, 14, 21 & 28; 9 p.m.-2 a.m.

Hip-Hop All Nighter with DJ Pimp Flower: Mar. 12, 7 p.m.

St. Patrick's Day Party: Mar. 17, 7 p.m.-12 a.m.

A night of great fun, activities, & green beverages

Mardi Gras Karaoke Party: Mar. 24, 7 p.m.-12 a.m.

The more you sing... the more beads and candy you earn!

Sullivan Barracks, Bldg. 240; 385-2884 or 0621-730-2884

Mike's Pub

Get connected at the Cyber Café Mon.-Fri.: 6:30 a.m.-10 p.m. and weekends & holidays 3-10 p.m.
Coleman Barracks, Bldg. 25; 382-4320 or 0621-779-4320

Al's Sports Bar

Experience that hometown atmosphere during the St. Patrick's Day Celebration starting 4 p.m.!

Su **Sports Night-** Games on the big screen, 4-10:30 p.m.
M **Oldies Night-** Listen to sounds of the past, 4-10:30 p.m.
Tu **Old Movie Night-** Bring in your favorite DVD, 4-10:30 p.m.
Th **Over the Hump Day-** Customer appreciation with free food, 4-10:30 p.m.
Sa **Game Night-** Stop by to play poker, spades, and dominoes. A lucky winner wins a free trip!

Located inside BFV Bowling Center- Benjamin Franklin Village, Bldg. 724; 380-9499/9528 or 0621-730-9499/9528

BFV Bowling Center

Get connected... **Wi-Fi** is available at your local bowling center.

Dollar Day Bowling: Mar. 1 & 15; 2-6 p.m.

\$1 games & 50¢ shoe rentals

Sunday Special: Mar. 8 & 22; 2-6 p.m.

Bowl 2 games and the next one is free.

St. Patrick's Day Special: Mar. 17, 5-9 p.m.

Wear green & bowl half price!

Monday Night Family Fun League: Mondays, 7-9 p.m.

Name your Price Night: Tuesdays, 4-8 p.m.

Pull a ticket out of the box to see how much you pay per game. It might even be free!

Deployed Spouses Night: Wed., 4-9 p.m.

Spouses of deployed Soldiers pay just 99¢ for each- games, shoe rentals, and pizza slices. Pick up your deployed spouses card from your FRG.

Family Day: Thursdays, 5-8 p.m.

All kids bowl free when accompanied with a parent. Also take \$1 off any large pizza.

TGIF Bowling League: Fridays, 7-11 p.m.

Youth Bowling League: Saturdays, 10 a. m.-12 p.m.

Cosmic Bowling: Saturdays, 6 p.m.-12 a.m.

Enjoy an out of this world experience with our upgraded lights, fog & sound system!

Special Group Rates for Parties: Looking for a place to host a birthday party, promotion party, FRG meeting, baby shower, or meeting? Call to ask about our special group rates.

Benjamin Franklin Village, Bldg. 724; 380-9499/9528 or 0621-730-9499/9528

Coleman Bowling Center

Early Bird Bowling: Weekdays, 6:30-10:30 a.m.

\$1 games, 50¢ shoe rentals & free coffee

Weekday Special: Weekdays, 10:30 a.m.-5 p.m.

\$1.50 games & 75¢ shoe rentals

Weekend Fun: Sat., Sun. & Hol., 3-10:30 p.m.

\$1.75 games & 75¢ shoe rentals

Coleman Barracks, Bldg. 25; 382-4320 or 0621-779-4320

Coleman Catering Center

Book Your Function- Big or small, CCC does it all. We can accommodate up to 300 people.

Catering To Go- Let CCC cater your next party on post. We deliver to you!

Coleman Barracks, Bldg. 86; 382-4320 or 0621-779-4320

Tax Relief Office

VAT Form: Save 19% off most purchases on the German economy with the VAT Form. Our office accepts credit card for VAT Form purchases. Hours of operation are open Mon. - Fri. from 8 a.m. - 4 p.m.
Sullivan Barracks, Bldg. 250; 380-1780 or 0621-730-1780

Auto Skills Center

Month of March Promotion: Take **\$5 off your next steam clean combination** including the engine, transmission, and under-carriage. Also save **\$2.50 off the tire rotation & balance service.**

Speedy Wash- Purchase the "6 for the price of 5 wash special" and save \$5 or \$9. Prepaid cards are available inside the facility. Hours of operation are Mon., Tues., Wed., & Fri., 10 a.m.-6:30 p.m.

Vehicle Donation- Give us a call to get rid of that unwanted vehicle.

Towing services are available Mon.-Fri., 7:30 a.m.-4:30 p.m.

Auto Skills Center Hours of Operation: Mon.-Fri., 11 a.m.-7 p.m.; Thurs., 12-7 p.m.; Sat., Sun., & Training holidays, 9 a.m.-5 p.m.; federal holidays, closed

Taylor Barracks, Bldg. 426 - next to the car wash; 381-8649 or 0621-730-8649

Mannheim Outdoor Recreation

Please book your trips in advance.

Free Ski Trip- Participate in three MA ODR's ski trips either to Feldberg or Engelberg, and the fourth trip is free!

Mar. 1: Annual Volksmarch (walk) in Rothenburg ob der Tauber (6, 11 & 20 kilometer courses just outside the city)

Mar. 7 & 21: One-day ski/snowboard trip to Engelberg, Switzerland

Mar. 14: Senior Trip to Feldberg, Germany

Mar. 14 & 28: One-day ski & snowboard trip to Feldberg, Germany

Mar. 14 & 21: Paintball Play Day- Come as a unit or solo!

Free Ski Trip- Participate in three MA ODR's ski trips either to Feldberg or Engelberg, and the fourth trip is free!

Ski & Winter Equipment Swap- Come buy and sell used ski & winter sports equipment now until Apr. 1.

Ski or Snowboard Lessons: Learn how to ski or snowboard on all Feldberg trips.

Taylor Bks., Bldg. 357; 381-7215 or 0621-739-251

Sullivan Gym

Civilian Fitness Enrollment Program: Mar. 4, 10 a.m.-12 p.m.

Civilians get paid to get fit! Simply have your supervisor to authorize three hours of excused absence per week for up to six consecutive months. Participation is limited to one time only.

Physical Fitness Training: Mar. 10, 10-11 a.m.

Units can learn how to use the various fitness machines, receive a free body fat analysis, and get free fitness tips.

Fitness Orientation: Mar. 12, 11:30 a.m.-12:30 p.m.

Learn how to use various fitness machines and receive fitness tips.

5 K Family Fun Walk: Mar. 28, 10 a.m.-1 p.m.

This fun walk includes a BBQ and raffle. Strollers and pets are welcomed!

Fitness for Life- Mon. & Wed.; 7:15-8:15 a.m.

Learn about dieting, nutrition, motivation, and more.

Sullivan Barracks, Bldg. 237A; 385-3314/2001 or 0621-730-3314/2001

Coleman Gym

Coleman Gym is temporarily closed until Apr. 3, 2009 due to renovations. A temporary fitness center is located at Coleman Barracks, Bldg. 1472. The hours of operation are the following: Mon.-Fri., 6 a.m.-8 p.m.; Sat.-Sun., 10 a.m.-5 p.m.; holidays, 10 a.m.-5 p.m.; training holidays: 10 a.m.-5 p.m.

Child, Youth & School Services Division (CYSS)

Note: All Mannheim CYS Services Programs will be closed due to mandatory training on Friday, Mar. 13.

Youth Services

Special Event: Mardi Gras

Celebrate Mardi Gras with music, food, and various fun activities on Mar. 7 from 7-11 pm. Get in the festive mood by wearing something yellow, green, or purple!

Mar. 3, 17 & 31, 4-5 p.m.: **Project Learn-** Enhance the skills and knowledge young people learn at school through "high-yield" learning activities.

Mar. 4, 4-5 p.m.: **Keystone Club-** A teen leadership club for youth ages 15-18

Mar. 4 & 18, 5-6 p.m.: **Club Tech-** Build your own web page, increase your computer skills, and explore the internet.

Mar. 5, 4-5 p.m.: **Money Matters-** Youths learn the way to use checking/saving accounts and how to create a budget.

Mar. 5 & 19, 4-5 p.m.: **Image Makers (Photography)-** Youths experiment with different camera techniques and photos.

Mar. 6, 4-5 p.m.: **Ultimate Journey-** Learn about and explore nature (bugs, birds, trees, fish, animals, minerals, etc).

Mar. 9, 4-5 pm.: **Career Launch-** Teens ages 13 -18 find can out more about careers & mentoring programs, plus receive a Portfolio that contains a Teen Tips booklet with helpful interviewing and on-the-spot job tips.

Mar. 11 & 25, 4-5 p.m.: **Passport to Manhood-** Young men learn about different aspects of being a teen.

Mar. 12 & 26, 4-5 p.m.: **Torch Club-** A middle school leadership club for youths ages 11-14

Mar. 12, 4-6 p.m.: **Promise Passport-** Find out more about volunteering in your community.

Mar. 20, 4-5 p.m.: **Dragon Fly Quest-** Take a unique scientific investigative journey and demonstrate how to engage in the process of scientific investigation.

Mar. 25, 6-7 p.m.: **4 - H Club-** Cooking Club, Photography Club, Middle School Council, and High School Council are all combined in one.

Feb. 20, 5-6 p.m.: **YAC (Youth Action Council)-** Youths can voice their concerns and issues at the Youth Town Hall Meetings.

Mar. 27, 5- 6 pm.: **Youth Sponsorship -** Youth help incoming youth adjust and understand our program and clubs throughout the community.

Mon., Wed. & Thurs.; 5-6 p.m. **Triple Play-** Triple Play is a game plan for the mind, body, and soul. It improves youth knowledge of healthy habits, increases the number of hours per day of physical activities, and strengthens the ability to interact positively with others.

Mon. - Fri.; 3-4 p.m.: **Power Hour-** A tutor is available to assist with your homework.

Mon. - Fri.; 4-6 p.m. **Character Counts-** Learn about character building and more.

Tues., 4 - 5 p.m.: **SMART Girls-** Female youths learn about different aspects of teen life.

Tues., Thurs. & Fri.; 4-5 p.m.: **Fitness Authority-** Youths learn how to exercise properly and to "double dutch". Healthy eating tips will also be available. (Partnered with Sullivan Gym)

Wed., 4-5 p.m.: **Fine Arts Club-** Kids can learn about various aspects of culture including museums, art, dance, music, theatre, arts & crafts, and much more.

Wed., 4-6 p.m.: **Eat Healthy Club-** Youths learn how to prepare a simple and healthy snack (Partnered with the WIC Program)

Sat., 1-3 p.m.: **Movie Time-** Select a movie from our collection of movies and watch it with your friends.

Hours of Operation: Mon. - Thurs. (3-8 p.m.); Fri. (3-10 p.m.); Sat. & school out days (1-10 p.m.), and closed Sunday & federal holidays. We offer a **healthy snack** everyday at 3 p.m.

Temporarily Closed: Closed Mar. 13

Benjamin Franklin Village, Bldg. 696; DSN 380-4864/9997 or CIV 0621-730-4864/9997

Family Child Care (FCC)

Unauthorized child care in government housing is prohibited!

Become a Family Child Care (FCC) provider. Some of the many benefits include:

- No cost liability insurance
- Utilization of equipment and resources from the FCC Lending library
- Reimbursement for food expenses, participating in the Subsidy Program
- Marketable credentials and career advancement
- Ongoing professional training

To inquire about becoming an FCC Provider or to report unauthorized childcare, please contact: Family Child Care. All reports will remain confidential.

Temporarily Closed: Closed Mar. 13

Benjamin Franklin Village, Bldg. 742; 380-9668 or 0621-730-9668

New Child Care Services Available

Super Saturdays will be held the second Saturday of every month from 10 a.m.-4 p.m. at the Child Development Center (CDC). Child care will be open to families who have a current registration with CYS Services. Please contact the CDC (380-4851/4850 or 0621-730-4850/4851) to make your reservations. Reservations will be accepted a month in advance.

FRG/ Unit Night will be held the third Thursday of every month from 5:30-8:30 p.m. at the Child Development Center (CDC). Child care will be available ONLY to those families who will be attending FRG or Deployment related meetings. Children must have a current registration with CYS Services. Please contact Central Registration (385-2750/2353 or 0621-730-2750/2353) to make your reservations. Reservations will be accepted a month in advance.

Parents' Night Out will be held the last Friday of every month from 6-10 p.m. at the Child Development Center (CDC). Child care will be open to families who have a current registration with CYS Services. Please contact the CDC (380-4851/4850 or 0621-730-4850/4851) to make your reservations. Reservations will be accepted a month in advance/

Fitness Care for Spouses during deployment will be available weekdays from 8-10 a.m. at the Child Development Center (CDC). The Fitness Care is an 8 week pilot program. Please contact the CDC (380-4851/4850 or 0621-730-4850/4851) to make your reservations. Reservations will be accepted a month in advance.

Child Development Center (CDC)

Reservations for Hourly Care may be made up to 2 weeks in advance by calling the CDC at 380-4851/4850 or 0621-730-4850/4851.

Temporarily Closed: Closed Mar. 13

Mannheim Central Enrollment & Registration

Central Enrollment & Registration is open Monday through Friday from 8 a.m.-4 p.m.

Appointment Hours

Mon., Wed., & Fri. (8 a.m.-12 p.m.)

Tues. & Thurs. (12-4 p.m.)

Walk-in Hours

Mon, Wed, & Fri. (1-4 p.m.)

Tues. & Thurs. (8 a.m.-11:45 p.m.)

Temporarily Closed: Closed Mar. 13

Sullivan Barracks, Bldg. 255, room 106; 385-2750/2353 or 0621-730-2750/2353

School Liaison Services

Completed Free and Reduced Lunch Application with supporting documentation may be dropped off at Central Registration located at Sullivan Barracks, Bldg. 255, room 106.

Our Schools need you! Get involved and volunteer at your child's school. Register with the Installation Volunteer Coordinator located at Army Community Services, Sullivan Bks., Bldg. 253 or call 385-3173/2759 or 0621-730-3173/2759.

Temporarily Closed: Closed Mar. 13

Sullivan Library

Scrapbook Club: Mar. 8 & 22, 12-3 p.m.

Bring your materials and get together with other creative people.

Film Screening: Mar. 8 & 22, 4-5:30 p.m.

See award-winning foreign and independent films.

Brown Bag Book Club: Mar. 10, 12-1 p.m.

Bring your lunch and be ready to discuss good books

Teen Book Discussion Group: Mar. 25, 4-5 p.m.

Share your favorite books.

Anime Club: Mar. 18, 4-5:30 p.m.

Join us for a film showing.

Story Hour: Thursdays, 11 a.m.-12 p.m.

Toddlers can enjoy great stories and fun craft.

Teen Advisory Board: Thursdays, 4-5 p.m.

Have a say in program planning and book purchases for the Library. Work on a *Zine together. *A zine is a small booklet of your drawings, writings, and photographs that you'll put together to share with friends and family.

Hours of Operation: Sun. 12-6 p.m. and Mon. - Thurs. 12-7 p.m. and closed Fri., Sat., & U.S. holidays
Sullivan Bks., Bldg 252; 380-1740 or 0621-730-1740

Army Community Service

Yellow Ribbon Room New Location: The Yellow Ribbon Room has been relocated to Benjamin Franklin Village, Bldg. 313C (next to Class Six).

Sponsorship Training for Soldiers: Mar. 4, 3-4 p.m.

Leaders and Soldiers can learn about S-Gate and how to be a good sponsor. The training also explains the requirements of AR 600-8-8 and AE Reg 600-8-8. (Sullivan Bks., Bldg. 255 in the basement)

Mannheim Orientation Spouses' Tour (MOST): Mar. 9-11, 9 a.m.-2 p.m.

The three-day orientation for newcomers to Mannheim is open to spouses of active duty and civilian employees. MOST includes language instruction, information on your new community, and two tours off post. (Located at the USO, Sullivan Bks., Bldg. 254)

Family Readiness Group (FRG) Leader 101: Mar. 10, 9 a.m.-12 p.m. & 5:30-8:30 p.m.

Leader 101 includes an overview of the key factors essential to leading and managing an effective and successful FRG, guidance on managing volunteers, and information on support networks and community resources available to FRG Leaders. (Mandatory for FRG Leaders & recommended for anyone holding an FRG position).

Resume Writing: Mar. 11 & 18, 10-11 a.m.

Learn about resume writing techniques.

Willkommen Teens: Mar. 11, 3:30-4:30 p.m.

Guest speakers from ACS and CYSS (School Liaison Officer) will help teens (grades 7-12) learn about the Mannheim community. An open discussion in presence of Military and Family Life Consultants (MFLC) will also help teens create a positive outlook on being in Germany.

Interview Skills: Mar. 13 & 20, 10-11 a.m.

Prepare for interviews while practicing in a role-play setting.

Family Readiness Group (FRG) Key Caller & POC Training: Mar. 17, 9:30-11:30 a.m. & 5:30-7:30 p.m.

This training covers the procedures to use when contacting Soldiers and family members, information on using phone trees, maintaining rosters, and using community resources. (Located at Sullivan Bks., Bldg 313C)

Sponsorship Training for Leaders: Mar. 18, 3-4 p.m.

This class is for Unit Leaders, Sponsorship Program Managers and Trainers. Learn your responsibilities in establishing and maintaining an effective Sponsorship Program. (Located at Sullivan Bks., Bldg. 255 in the basement)

Daddy & Mommy Basic Training: Mar. 19, 5:30-8 p.m.

New parents and expectant parents can learn the basics of caring for baby. Topics covered include the following: going home with baby; holding and carrying baby; dressing, feeding & burping baby; calming a crying baby; growth and development the first year and much more.

Multicultural Club: Mar. 23, 11-1 p.m.

The Multicultural Club is a fun and active group that offers community members from all around the world the opportunity to build close friendships with each other while sharing their cultures. Members can experience various cultures through activities and events that promote awareness and foster appreciation of the multiethnic makeup of our community. (Located at the USO, Sullivan Bks., Bldg. 254)

Tschuess Teens: Mar. 25, 3:30-4:30 p.m.

This class helps teens (grades 7-12) in adapting to their upcoming move from Mannheim. An open discussion in presence of Military and Family Life Consultants (MFLC) will help teens create a positive outlook on being in Germany. This class also provides teens with valuable information about their new home and community. (Parents should disclose info about their next duty station when registering their children for the class.)

Post Battlemind Training for Spouses: Mar. 25, 9 a.m. -12 p.m. & 5:30-8:30 p.m.

Topic: Helping You and Your Family Transition from Deployments (Located at Sullivan Bks., Bldg 313C)

Quarterly Family Readiness Group and Training Forum: Mar. 31, 6-8 p.m.

FRG Leaders, Family Readiness Support Assistants, and family members are invited to share and hear updates about issues affecting FRGs. Registration is not required. (Located at USO, Sullivan Bks., Bldg. 254)

Toddler Parenting Class: Every Mon., 9-10 a.m.

Learn how to build and maintain a healthy relationship with your toddler.

Installation Volunteer Orientation/Training: Every Mon. & Wed., 1-2 p.m. & 3-4 p.m. (Also 1st Wed., 5-6 p.m.)

Assist with volunteer registration, learn how to maneuver on the www.mymilitarylifetoo.com website, and become knowledgeable with the new online registration. (For all installation volunteers)

English as a Second Language: Mon., Wed. & Fri. 9-11 a.m.; Tues & Thurs., 6-7:30 p.m.

English as a Second Language (ESL) is designed for community members whose native language is not English. The courses review speaking and listening skills needed to effectively communicate in everyday life. (Morning classes are held at the USO, Sullivan Bks., Bldg. 254.)

School Age Parenting: Every Tues., 9-10 a.m.

Learn how to build and maintain a healthy relationship with your child/children.

Levy & Out-processing Briefing: Every Tues., 1-2:45 p.m.

Learn everything you need about your upcoming PCS. This is a mandatory Levy Brief for Soldiers while spouses are encouraged to attend. (BFV, Bldg. 255, room 8 in the basement)

Account & Budget Management: 3rd Tues. of every month, 9-11:30 a.m.

Learn how your credit and your future are affected by past debts. Appointments are available to receive one-on-one investing advice.

Mom and Me Play Group: Every Wed., 10-12 p.m.

Join this interactive playgroup to help improve your child's motor, social, and cognitive skills. (BFV, Bldg. 725)

Hearts Apart: Support Group for Waiting Spouses and Family Members of Deployed Soldiers:

Every Wed., 11:30 a.m.-1 p.m.

Topic: Strategies to Help You to Keep Your Resolutions during the New Year (Located at Sullivan Bks., Bldg 313C)

Hearts Apart Support Group Brownbag Workshop: 3rd Wed. of each month, 11:30 a.m.-1 p.m.

Join us for lunch and conversation!

Organization POC VMIS Training: Every 1st & 3rd Thurs. 3-4 p.m. (also 1st Thurs., 5-6 p.m.)

With the new Volunteer Management Information Tool (VMIS) online, you can manage your volunteers more effectively without further paperwork. This training is for all Organization POC (OPOC) /Volunteer supervisors.

Healthy Relationships: 3rd Thurs. of each month, 2-4 p.m.

This is an interactive class offering basic discussions on the identification and exploration of healthy marriages/intimate relationships based on equality and partnership.

Stress Management: Call ACS for Date & Time

Learn practical ways to handle stress.

Anger Management: Call ACS for Date & Time

Choose a healthy lifestyle by learning how to identify your stressors.

Communication Class: Call ACS for Date & Time

Learn how to communicate effectively with all individuals.

Exceptional Family Member Program (EFMP) Respite Care: Mannheim has a new Respite Care program for Exceptional Family Members already enrolled in the Exceptional Family Member Program in a deployment cycle.

EFMP New Hours: Mon.-Wed. & Fri., 8:30-11 a.m. & 1-3:30 p.m.; Thurs. 1-3:30 p.m.

Sullivan Barracks, Bldg. 253; 385-3101 or 0621-730-3101

Mannheim Elementary School

MES Office Hours: 0730 – 1630 hrs

Wanted: Substitutes, Teacher Aides, & Lunch Monitors

2 March: "Read Across America" / D.A.R.E. Classes Begin

5 March: 4th / 5th Grade Chorus Performance (6:30pm, MES MPR)

8 March: "Tell Me A Story" Presentation (3pm, MES MPR)

9-13 March: *Terra Nova* Testing (3rd – 5th graders only)
12 March: Child Find Screenings (9-11:30am, K-5)
16-20 March: *Terra Nova* Make-Up Testing
18 March: School Advisory Council (SAC) Mtg (3-4pm, Library)
23-26 March: Spring Photos

Additional Information: Sharon Overstreet, Principal DSN: 380-4705 / CIV: 0621-730-4705

Mannheim Middle School

Upcoming Events

11 March: SAC 3:15 Conference room
10-13 March: *Terra Nova* Testing
16-18 March: *Terra Nova* Make-up
25 March: SILT Team meeting 3:05
27 March: Alpha Literacy Competition

Additional Information: Shelia Smith, Principal, DSN 380-9181 or Civilian 0621-730-9181

Mannheim High School

Upcoming Events

02 March: First Day of Spring Sports
05 March: Winter Sport Banquet @ 5pm
10-17 March: *Terra Nova* Testing
16 March: Make up test / *Terra Nova*
31 March: Future 9th graders attend high school for schedule and school orientation.

We still in need for Substitutes and Special Education Aides.

POC: Sharon O'Donnell Information: DSN 380-4092/0621730-4092